



Look after your new locks with our after care tips and tricks

Washing your hair

- Don't shampoo your Hair Extensions for at least 48 hours after they have been applied
- Use a parabens and sulphate free shampoo and conditioner as recommended by your Hair Extensionist at Hair Creations
- Shampoo and condition your hair at least once a week
- Specific treatments are available for longevity of your Hair Extensions.

Drying your hair

- Always dry your hair thoroughly, don't leave it to dry naturally as hair is most vulnerable when wet. Blow dry on a low heat starting at the top and working downwards
- Don't towel-dry your hair with a scrubbing motion. Instead, use a blotting motion and wrap your hair in a towel to remove excess moisture
- Always blow-dry your hair on a cool or warm temperature

Exercise and your Lifestyle

- Hair extensions suit most lifestyles, however, please be mindful of the following activities
- Regular swimming especially in sea water and chlorinated water.
- Regular sauna and steam room use
- Excessive aerobic activity



Brushing

- Flat headed, soft-bristled brushes are most suitable for Hair Extensions. These are available at Hair Creations
- Gently brush your hair in small sections, being careful to brush out any tangles from the bottom first. On a regular basis, separate the extension hair with your fingers to prevent matting.

Sleeping

- We recommend you tie your hair in a loose ponytail to prevent tangling while sleeping. Wrap with a silk scarf.

Styling and Finishing

- Straighteners, tongs and heated rollers can be used on all our human hair extensions at Hair Creations. However, if you have opted for the bonded technique, keep the heat away from the bonds.

Even if you had your extensions applied at a different salon, Hair Creations can still give you free advice on maintenance.

Call 01527- 629 22